

# **Medical Care**

## Redwood Coast Medical Services (RCMS)

The closest health provider is RCMS that is headquartered in Gualala with a satellite office in Point Arena. RCMS is a community health center designated as a "Federally Qualified Health Center" or FQHC. As an FQHC, RCMS is funded in part under Section 330 of the Public Health Service Act. And as a FQHC, RCMS has a community board that is composed primarily of patients in the Community.

## Gualala Medical Center

46900 Ocean Drive Gualala, CA 95445 Tel: 707-884-4005 Fax: 707-884-9728 Hours: Monday to Friday, 8 a.m. to 6 p.m.

On Call Urgent Care Services available Weekends and Holidays, from 8 a.m. to 6 p.m. Call 707-884-4005.

### **Point Arena Medical Center**

30 Mill Street Point Arena, CA 95468 Tel: 707-882-1704 Fax: 707-882-2667 Hours: Monday to Thursday, 9 a.m. to 5 p.m.

RCMS takes Medi-Care and every major health plan. RCMS has a number of programs including providing home health services when appropriate.

### Fort Bragg/Mendocino

Fort Bragg and Mendocino have a number of general physicians and specialists. In addition, Ft Bragg has the Mendocino Coast District Office. Mendocino Coast Hospital is located at 700 River Drive, on the south side of Fort Bragg. The telephone number is (707) 961-1234. REMEMBER that you always call 911 in an emergency.

#### Things to know:

There is no Kaiser services here on the Coast. The closest Kaiser facility is in Santa Rosa. For many specialists you will be referred to physicians in Ukiah or Santa Rosa. If necessary, transportation can be provided to Ukiah, Santa Rosa, or Fort Bragg by Community Resources Connection.

#### Links to Medical Service Websites

Mendonoma Health Alliance <u>https://mendonomahealth.org/</u>

Coast Life Support District (CLSD) <u>https://clsd.ca.gov/</u>